

Executive Health Check-up Adolescent Health Screening

PKR. 13, 900/-

This health Screening Package is advisable for adolescents (Aged 14 to 18 years) to assess their physical and emotional growth and development.

- Blood Grouping
- Lipid Profile
- Serum Calcium
- Vitamin D
- Urine D/R

Consultations & Examinations

- Adolescent Specialized Physician's Consultation & Check-up
- Optometrist's Review
- Dental Examination
- Nutritional Counselling
- Behavioral / Psychological Counselling

**Breakfast (After Sample Collection)*

Instructions for Patients

- Appointment should be taken a week before.
- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

Book Your Appointment Today!

Phone: **021-34413199 & 0300-0653213**

Email: executive.screening@lnh.edu.pk

Location: Senior Citizens Primary Care Unit, Liaquat National Hospital

Executive Health Check-up Basic Health Screening

PKR.19,600/-



This base line health screening package enables to asses an overall health condition.

- CBC & ESR
- Blood Grouping
- Blood Sugar Fasting
- Lipid Profile
- Liver Function Tests
- Serum Calcium
- Vitamin D
- Urine D/R
- Stool D/R

Other Investigations

- ECG
- X-ray Chest

Consultations & Examinations

- Physician's Consultation & Check-up
- Optometrist's Review
- Dental Examination
- Nutritional Counselling

**Breakfast (After Sample Collection)*

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Executive Health Check-up

Comprehensive Health Screening for
Females aged above 50 years

PKR. 43,100/-

This health screening is an important element of disease prevention in women over 50 years of age to evaluate conditions that can be a cause of any significant morbidity and mortality in this age group.

- CBC & ESR
- Blood Grouping
- Blood Sugar Fasting
- HBA1C
- Urea/Creatinine & Electrolytes
- Lipid Profile
- Liver Function Tests
- Serum Calcium
- Vitamin D
- TSH
- Hepatitis 'B' Surface Antigen
- Anti HCV
- Urine D/R
- Stool D/R
- Pap Smear Test

**Breakfast (After Sample Collection)*

Instructions for Patients

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Other Investigations

- ECG
- Echocardiogram
- X-ray Chest
- Ultrasound Pelvis
- Screening Mammography

Consultations & Examinations

- Physician's Consultation & Check-up
- Optometrist's Review
- Dental Examination
- Nutritional Counselling

Executive Health Check-up Health Screening for Men

PKR. 12,800/-

This health screening package is customized for men to be motivated in maintaining their overall health and encourage long-term health and wellness.

- CBC & ESR
- Blood Sugar Fasting
- Lipid Profile
- Prostate Specific Antigen

Other Investigations

- Ultrasound Prostate
- ECG

Consultations & Examinations

- Urologist Consultation & Examination

**Breakfast (After Sample Collection)*

Instructions for Patients

- Appointment should be taken a week before.
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- Wear comfortable clothes and shoes.

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Email: executive.screening@lnh.edu.pk

Location: Senior Citizens Primary Care Unit, Liaquat National Hospital



Liaquat National Hospital

Institute for Undergraduate and Postgraduate Medical Studies and Health Sciences

Executive Health Check-up

Comprehensive Health Screening
for Males aged above 50 years

PKR. 41,400/-

This health screening is an important element of disease prevention in men over 50 years of age to evaluate conditions that can be a cause of any significant morbidity and mortality in this age group.

- CBC & ESR
- Blood Grouping
- Blood Sugar Fasting
- HBA1C
- Urea/Creatinine & Electrolytes
- Lipid Profile
- Liver Function Tests
- Serum Calcium
- Vitamin D
- TSH
- Hepatitis 'B' Surface Antigen
- Anti HCV
- Urine D/R
- Stool D/R
- Prostate Specific Antigen

**Breakfast (After Sample Collection)*

Instructions for Patients

- Appointment should be taken a week before.
- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

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Email: executive.screening@lnh.edu.pk

Location: Senior Citizens Primary Care Unit, Liaquat National Hospital

Other Investigations

- ECG
- Echocardiogram
- X-ray Chest
- Ultrasound Prostate

Consultations & Examinations

- Physician's Consultation & Check-up
- Optometrist's Review
- Dental Examination
- Nutritional Counselling

Executive Health Check-up Obesity Screening Package

PKR. 10,100/-

This screening uses Body Mass Index (BMI) and other investigations to detect any medical issue causing the excess weight that can put you at risk for a variety of serious health problems.

- CBC & ESR
- Blood Sugar Fasting
- Lipid Profile
- Liver Function Tests
- Urine D/R
- Body Mass Index
- % Visceral Body Fat

Other Investigations

- ECG

Consultations & Examinations

- Physician's Consultation & Check-up
- Nutritional Counselling

**Breakfast (After Sample Collection)*

Instructions for Patients

- Appointment should be taken a week before.
- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

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Location: Senior Citizens Primary Care Unit, Liaquat National Hospital

Executive Health Check-up Well Women Health Screening

PKR. 20, 500/-

This package is tailored for women to assess different components of their health and fitness.

- CBC & ESR
- Blood Sugar Fasting
- Lipid Profile
- Serum Calcium
- Vitamin D
- Pap Smear Test/ HbA1c (if unmarried)

Other Investigations

- Ultrasound Pelvis
- Screening Mammography

Consultations & Examinations

- Gynaecologist's Consultation & Check-up
- Breast Surgeon's Consultation & Check-up
- Nutritional Counselling

**Breakfast (After Sample Collection)*

Instructions for Patients

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- At least 12 hour fasting is required before the tests.
- Wear comfortable clothes and shoes.

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